



A Day to Remember

Lesson 24

1. What and what were the first day?

Genesis 1:5 _____

2. What and what were the second day?

Genesis 1:8 _____

3. From when unto when shall ye celebrate your Sabbath?

Leviticus 23:32 _____

4. “Even” meant when the sun did what?

Mark 1:32 _____

5. At what time of day were the gates of Jerusalem shut for the Sabbath?

Nehemiah 13:19 _____

6. It is lawful to do what on the Sabbath days?

Matthew 12:12 _____

7. God tells me that I am to turn away from doing what on His holy day?

Isaiah 58:13 _____

8. The Sabbath is called what three things?

Isaiah 58:13 _____

9. I shall honor Him not doing what three things on that day?

Isaiah 58:13 _____

10. Then what promise is given?

Isaiah 58:14 _____

11. What are the first six days of the week called?

Ezekiel 46:1 _____

12. What are we not to do on the Sabbath?

Exodus 20:10 _____

The rest of the verse indicates that we are not to employ others to do secular work for us on the Sabbath either.

13. What about in harvest time or in other times when there is much urgent work to be done?

Exodus 34:21 _____

14. What instructions illustrate how certain household details are not to be taken care of during the Sabbath hours?

Exodus 35:3 _____

15. What is Friday called which indicates that all cooking and cleaning for the Sabbath is to be done the day before?

Luke 23:54; Mark 15:42 _____

16. What did Nehemiah say to those who purchased food and wares from merchants on the Sabbath?

Nehemiah 13:16-17 _____

17. What are we not to forsake?

Hebrews 10:25 _____

18. The Sabbath of rest is for an holy what?

Leviticus 23:3 _____

The Hebrew word used here means, "A public meeting...assembly, calling, reading." Strong's Exhaustive Hebrew Concordance.

19. What did Jesus say about where there are only two or three gathered together in His name?

Matthew 18:20 _____

20. The ruler of the synagogue was indignant because Jesus had done what on the Sabbath day?

Luke 13:14 _____

21. In reply, Jesus declared that those whom Satan has bound may be what on the Sabbath?

Luke 13:16 _____

In following our Lord's example, we may find many ways on the Sabbath day to loose others from Satan's bonds, bringing encouragement to the lonely, and hope to those in need of comfort and cheer. Some suggestions may be found in Matthew 25:35-40.

22. The Sabbath is to remind us of what?

Genesis 2:1-2 _____

Through nature, we may be brought closer to our Creator on the Sabbath day. As a weekly memorial of God’s perfect creation, the Sabbath hours may be appropriately spent in a contemplation of His handiwork, as well as in communion with Him through Bible study and prayer.

23. What has the Lord said about those who can’t wait for the Sabbath to be over?

Amos 8:5, 7 _____

24. What will we do in the Lord’s day?

Psalm 118:24 _____

25. God’s blessing is upon those who do what?

Isaiah 56:2 _____

26. In the earth made new, how often will all flesh come to worship before the Lord?

Isaiah 66:22-23 _____

It is important to understand that the Sabbath was given to this world at creation and before sin entered (see Genesis 2:1-3). It was not just given to the Jews, since there were no Hebrews in existence until after Abraham – some 1500 years after creation. So the Sabbath cannot be a Jewish institution, nor could it be included with their ceremonial laws which were added after sin and ended at the cross. Therefore, just as Jesus plainly stated: “The Sabbath was made for man”(see Mark 2:27), He did not mean just the Jews, but all mankind. So the Sabbath is for all mankind to rest, cease from their worldly cares, turn their attention to help one another and especially enjoy worshiping their God and Creator. And this enjoyment of the Sabbath will continue on the new earth and throughout all eternity!

In the Light of God’s Word...

- I understand that the Sabbath is 24 hours of holy time which is not to be used for secular purposes.
- I choose to keep the Sabbath as God has outlined, and receive the blessing He has promised.

Additional comments: _____

Name: _____

Next Lesson: God’s Claim Upon Your Body